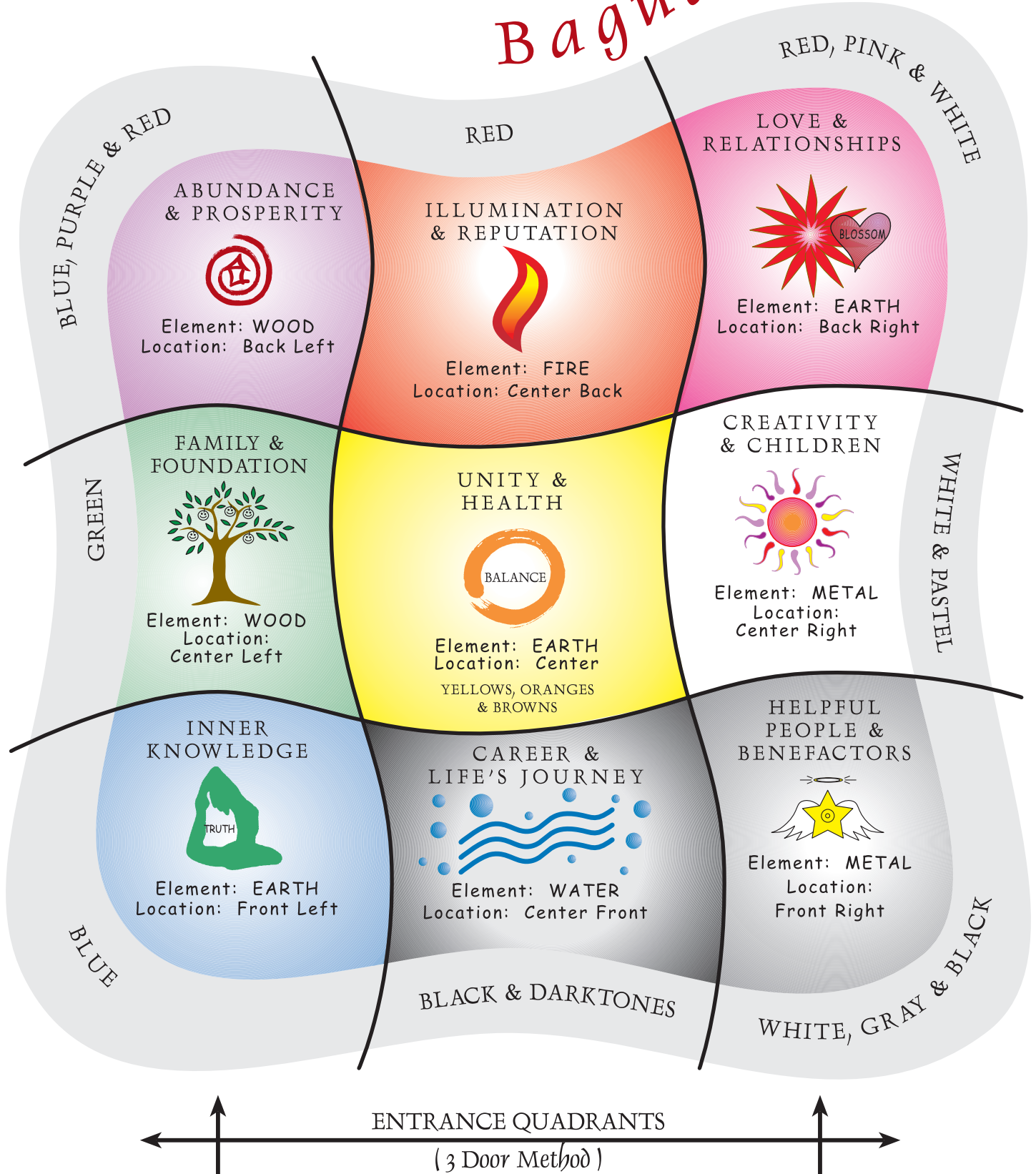


# Багана Map





**EARTH**= *Nurturing and grounded energy*

- yellows, oranges, browns
- flat rectangular and square shapes



**METAL**= *Transforming and creative energy*

- white, pastels, metal tones
- round, curved shapes



**WOOD**= *Focused and directed energy*

- greens
- tall columnar, upright rectangular shapes



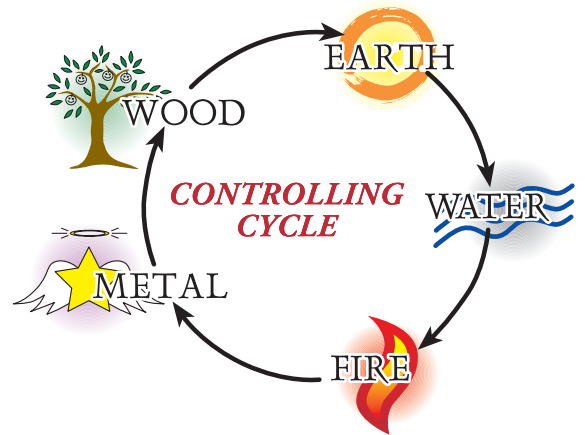
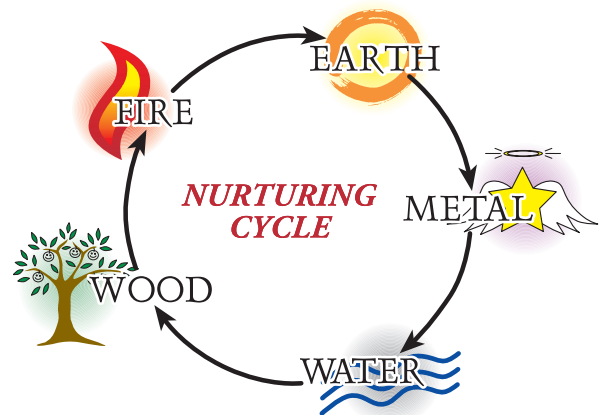
**FIRE**= *Vibrant and active energy*

- reds
- triangular, pointed shapes



**WATER**= *Energizing and introspective energy*

- black, dark tones
- freeform, abstract shapes



## HOW TO POSITION THE BAGUA MAP:

One of the main tools used in Feng Shui is the Bagua. The Bagua is an energetic grid or map that is placed over your home or office. It is used to determine how energy flows within a defined space. It is composed of 9 separate sections. Each section corresponds to a particular life energy. When placing the Bagua over your home or office, you may find that several of your rooms flow into more than one Bagua area, this is fine. You are using the map to determine where these life energy areas lay within your space so that you will be able to evaluate the specific areas of improvement in your life.

The Bagua is always positioned so that the front door to your home or the door to the room being evaluated is always along one of the three front areas of the Bagua. (Career, Inner Knowledge, Helpful People). Energy flows in a predictable manner and as such, we are able to label the various areas of the Bagua. This tells you where in your home or office these energies reside.

### The 9 areas on the Bagua map are:

*Career • Helpful People • Creativity • Relationships • Reputation • Abundance • Family • Inner Knowledge • Health & Balance*

To determine each area, stand at the front door of your home or the door to your office. As you stand at the doorway you should be facing into the room or home. The center front section is associated with Career, the right front section is associated with Helpful People, the right center section is associated with Creativity, the back right section is associated with Relationships, the center back section is associated with Reputation, the back left section is associated with Abundance, the center left section is associated with Family, the front left section is associated with Inner Knowledge and the center itself is associated with Health and Balance.